



Peer Engagement Services

WHO DO WE SERVE?

- Adolescents, young adults, older adults, all are welcome
- People who are experiencing negative consequences due to a substance use disorder or addiction to alcohol, opioids, or other substances
- Anyone who is a resident of Dutchess, Putnam or Rockland Counties, NY



HOW DO I START?

Contact a *Peer Engagement Specialist* at one of the *Mobile Phone Numbers* listed below for more information, and to begin your recovery:

(845) 554-2527
or
(845) 554-2865



The Council on Addiction Prevention & Education of Dutchess County, Inc.

807 Route 52, Room 28
Fishkill, NY 12524

(845) 765-8301
Fax (845) 765-8304
www.capedc.org



A Contract Agency of Dutchess County
Dept. of Behavioral and Community Health



Peer Engagement Services

A FREE Service for Dutchess, Putnam and Rockland County Residents (and their families) looking for Support entering into, or maintaining Long-term Recovery from Substance Use Disorder

- Need help connecting with resources in the recovery community?
- Need support navigating the transition from jail, detox or treatment?
- Have you experienced an over-dose and want to enter into recovery?
- Are you and your family wondering how you can help your loved one?

*We have been there
and We CAN Help!*



PEER ENGAGEMENT SERVICES by CAPE of Dutchess County

PEER ENGAGEMENT is a FREE service for Dutchess, Putnam and Rockland County residents (and their families) who are looking for support entering into, or maintaining long-term recovery from substance use disorder.

This service is provided by CAPE, the Council on Addiction Prevention and Education of Dutchess County, Inc.

CAPE is a contract agency of Dutchess County and is licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

HOW IT WORKS

We are **Peer Engagement Specialists** – people in long-term recovery from substance use disorder or addiction who understand what you are going through.

- We meet you out in the community: at a hospital, rehab facility, library, coffee shop, public park... wherever you are comfortable
- You're in recovery when you say you are; it is a judgement-free zone, no drug tests and no guilt
- We connect you with the resources YOU want and need – NOT necessarily what worked for us
- This process does not cost you anything or require any insurance, only your willingness to talk

WHO ARE PEER ENGAGEMENT SPECIALISTS?

We are people in long-term recovery from substance use disorder (SUD) or addiction, employed by CAPE, who understand what you are going through. We know your pain and the challenge of managing a chronic disease - one that carries a tremendous stigma.

*We also know the hope
and joy of recovery!*

CRISIS INTERVENTION

We want to help you or your loved one navigate through the detox/rehab process. If you are willing to seek further treatment, we will get you there and be by your side.

RESOURCES and SYSTEMS NAVIGATION

There are multiple pathways to recovery available. We can help you identify the pathway that will work best for you.



HOW WE HELP

- Crisis Intervention
- Family Support
- Information & Referral
- Ongoing Support
- Resources & Systems Connection

Call to begin your Recovery

RECOVERY WELLNESS PLAN

A holistic plan, developed by YOU for YOU that will help in the process of identifying goals that can lead to improved health and wellness.

Contact a Peer Engagement Specialist at the numbers listed on the back cover for more information, and to participate in this service!