

# Peer Engagement Services

### WHO DO WE SERVE?

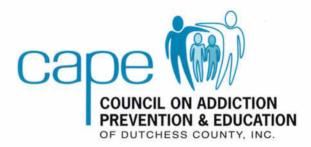
- Adolescents, young adults, older adults, all are welcome
- People who are experiencing negative consequences due to a substance use disorder or addiction to alcohol, opioids, or other substances
- Anyone who is a resident of Dutchess, Putnam or Rockland Counties, NY



### **HOW DO I START?**

Contact a Peer Engagement Specialist at one of the Mobile Phone Numbers listed below for more information, and to begin your reçovery:

> (845) 554-2527 or (845) 554-2865



The Council on Addiction Prevention & Education of Dutchess County, Inc.

807 Route 52, Room 28 Fishkill, NY 12524

(845) 765-8301 Fax (845) 765-8304 www.capedc.org









### Peer Engagement Services

A FREE Service for
Dutchess, Putnam and Rockland County
Residents (and their families)
looking for Support entering into,
or maintaining Long-term Recovery
from Substance Use Disorder

- Need help connecting with resources in the recovery community?
- Need support navigating the transition from jail, detox or treatment?
- Have you experienced an over-dose and want to enter into recovery?
- Are you and your family wondering how you can help your loved one?

We have been there and We CAN Help!



## PEER ENGAGEMENT SERVICES by CAPE of Dutchesss County

PEER ENGAGEMENT is a FREE service for Dutchess, Putnam and Rockland County residents (and their families) who are looking for support entering into, or maintaining long-term recovery from substance use disorder.

This service is provided by CAPE, the Council on Addiction Prevention and Education of Dutchess County, Inc.

CAPE is a contract agency of Dutchess County and is licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

#### **HOW IT WORKS**

We are **Peer Engagement Specialists** – people in long-term recovery from substance use disorder or addiction who understand what you are going through.

- We meet you out in the community: at a hospital, rehab facility, library, coffee shop, public park... wherever you are comfortable
- You're in recovery when you say you are; it is a judgement-free zone, no drug tests and no guilt
- We connect you with the resources YOU want and need – NOT necessarily what worked for us
- This process does not cost you anything or require any insurance, only your willingness to talk

# WHO ARE PEER ENGAGEMENT SPECIALISTS?

We are people in long-term recovery from substance use disorder (SUD) or addiction, employed by CAPE, who understand what you are going through. We know your pain and the challenge of managing a chronic disease - one that carries a tremendous stigma.

We also know the hope and joy of recovery!

# COUNCIL ON ADDICTION PREVENTION & EDUCATION OF DUTCHESS COUNTY, INC.

# HOW WE HELP

- · Crisis Intervention
- · Family Support
- Information & Referral
- Ongoing Support
- Resources & Systems Connection

Call to begin your Recovery

### **CRISIS INTERVENTION**

We want to help you or your loved one navigate through the detox/rehab process. If you are willing to seek further treatment, we will get you there and be by your side.

### RESOURCES and SYSTEMS NAVIGATION

There are multiple pathways to recovery available. We can help you identify the pathway that will work best for you.

### **RECOVERY WELLNESS PLAN**

A holistic plan, developed by YOU for YOU that will help in the process of identifying goals that can lead to improved health and wellness.

Contact a Peer Engagement Specialist at the numbers listed on the back cover for more information, and to participate in this service!